

How BOTOX® Works to Relieve You of Wrinkles

You can add wrinkles to death and taxes on the short list of things that are certain in life. As you age, the supple skin of youth gradually gives way to fine lines around your eyes, across your forehead, and between your brows. The non-surgical wrinkle reducer BOTOX® Cosmetic now lets you graciously decline encroaching wrinkles instead of accepting the frown lines of the over-30 crowd.

BOTOX® treatments for the temporary reduction of brow wrinkles have been approved by the Federal Food and Drug Administration (FDA) since 2002. It is an extremely popular cosmetic treatment and over one million people have indulged in its face smoothing benefits.

To understand how BOTOX® works, you need to understand how you develop frown lines. As years go by, your skin loses some of its natural elasticity and fails to bounce back from the movement and stretching that takes place as your facial muscles continually flex and release. This wear on your skin is evident in the fine lines that begin to form as early as your late 20s or early 30s when your skin stops returning completely to its smooth form.

How BOTOX® Reduces Your Wrinkles

BOTOX® Cosmetic treatment is a protein obtained from the Clostridium botulinum bacteria. When small amounts of this protein are injected into muscle tissue, the nerve impulses to the muscles are blocked and paralyze the muscle. Because BOTOX® is only used on small facial muscles around your brow, the paralysis is minute but the effect on the lines of your upper face is quite noticeable. Without the continual movement of muscles wearing on your skin, the skin has a chance to return to a smoother state.

After receiving a [Los Angeles Botox®](#) treatment, people usually see results within a few days and improvement continues to rise for the first month. The wrinkle reduction is typically visible for up to four months before the protein is cleansed from the body and the effect fades.

What Is a BOTOX® Treatment Like?

If you were to get a treatment, you would receive several tiny injections of BOTOX® to the facial muscles around your brows. The process takes approximately 10 minutes and involves brief discomfort. The momentary pain of the injections can be reduced with the application of an anesthetic cream beforehand. The short amount of time needed for a BOTOX® treatment and the absence of recovery time contribute to its rising popularity for cosmetic relief of wrinkles.

As a [Beverly Hills plastic surgeon](#) I think it is important to note that who administers BOTOX® treatments varies. It can, of course, be done by a physician, but many service providers have nurses or physicians' assistants handling the injections. It will be up to you to consider who should administer your BOTOX® treatments should you choose to get them.

As you explore your options for rejuvenating your face, keep in mind that BOTOX® has only temporary results. However, the treatment can be repeated as you need it, and its speedy application and affordability have tremendous appeal for wrinkle relief.

About the Author

Excellent resources about [Los Angeles plastic surgery](#) are provided by this [Beverly Hills plastic surgeon](#).

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